

UNIT-II

Drugs acting on Autonomic nervous system

Points to be covered in this topic

-  **INTRODUCTION**
-  **ADRENERGIC NEUROTRANSMITTER**
-  **SYMPATHOMIMETIC AGENTS**
-  **ADRENERGIC ANTAGONIST**

❑ INTRODUCTION

❖ Autonomic nervous system (ANS)

- It is a **complex set of neurons** that mediate **internal homeostasis without conscious intervention or voluntary control**.
- The ANS maintains **blood pressure**, regulates the rate of breathing, influences digestion, urination, and modulates sexual arousal.

Autonomic nervous system

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graph TD; A[Autonomic nervous system] --> B[Sympathetic nervous system ("fight or flight")]; A --> C[Parasympathetic nervous system ("feed and breed")];
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Sympathetic nervous system
("fight or flight")

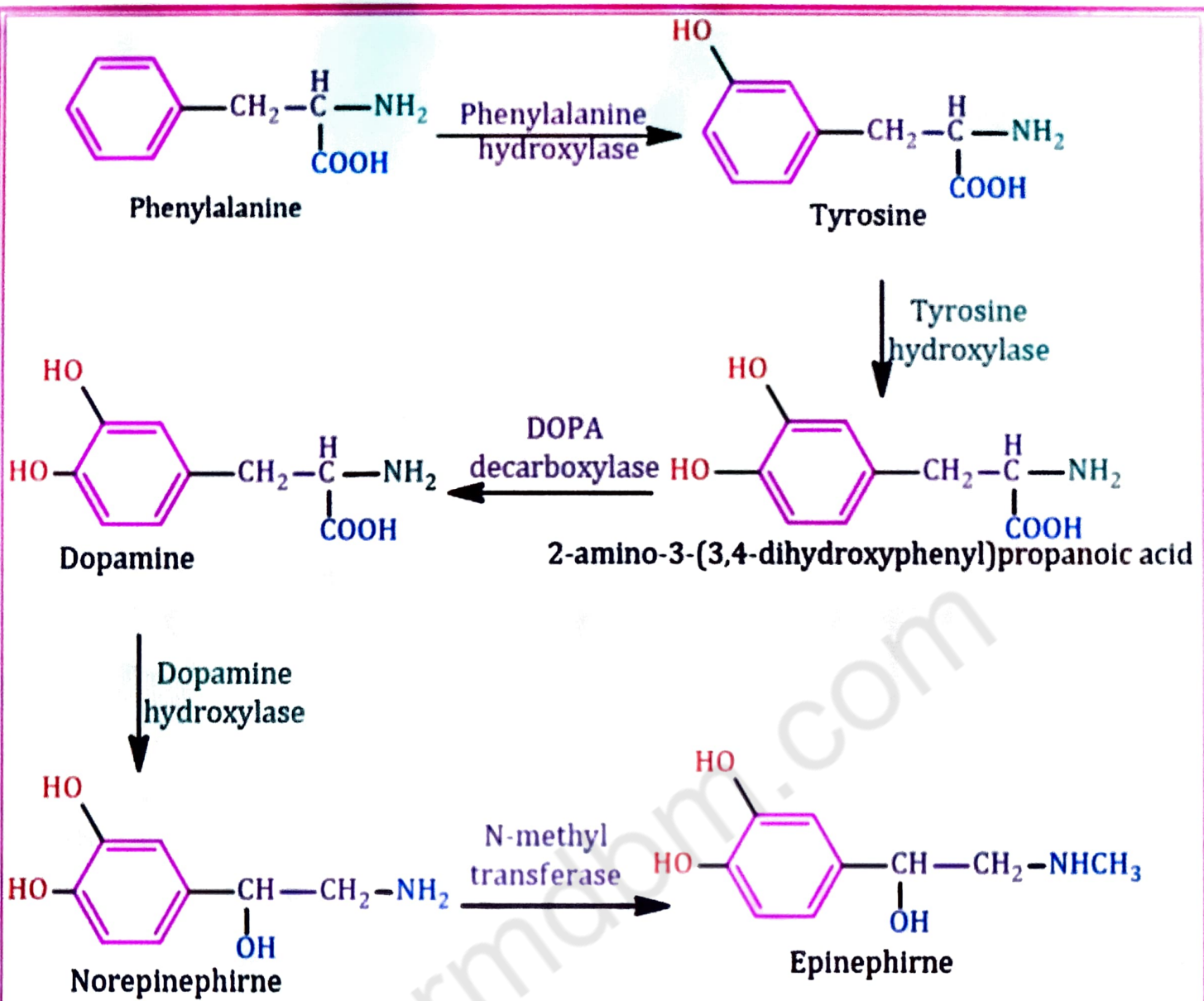
Parasympathetic nervous system
("feed and breed")

❑ ADRENERGIC NEUROTRANSMITTER

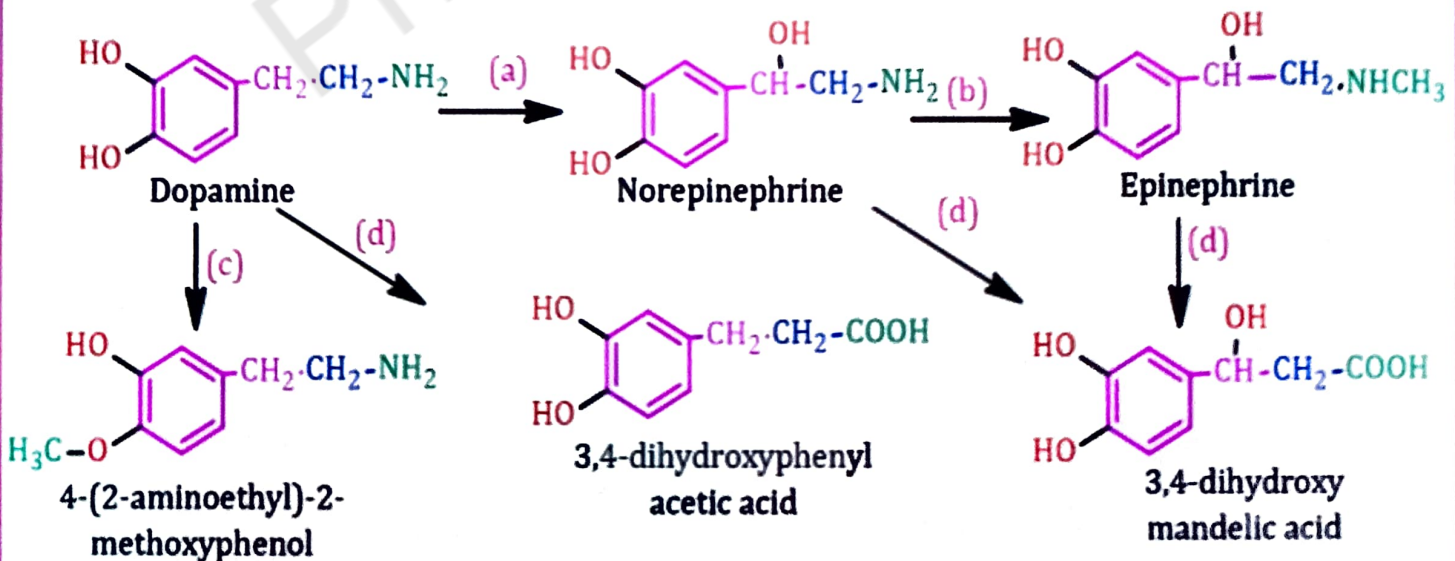
- An adrenergic nerve fiber is a neuron for which **the neurotransmitter is either adrenaline (epinephrine), noradrenaline or dopamine**.
- These neurotransmitters are released at a location known as the synapse, which is a **junction point between the axon of one nerve cell and the dendrite of another**.
- **Dopamine** (pleasure) → **feeling of pleasure, also addiction, movement and motivation**.
- **Nor epinephrine** (concentration) → **It affect attention and responding action in the brain**.
- **Epinephrine** (Adrenaline) → **It produced in stressful situation, increase heart rate & blood flow**.

❖ Biosynthesis of catecholamines

- The biosynthesis takes place in adrenergic and dopaminergic neurons in the CNS, sympathetic neurons in the ANS and in the adrenal medulla.



❖ Catabolism of catecholamines



(a) Dopamine-β-monooxygenase

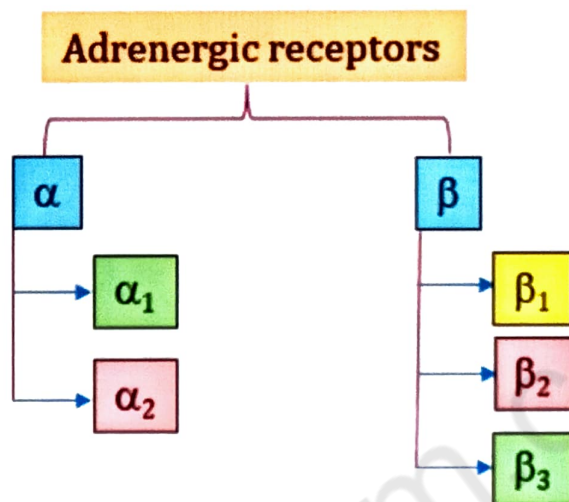
(c) catechol-o-methyltransferase

(b) Phenyl ethanolamine-N-methyltransferase

(d) monoamine oxidase

❖ Adrenergic receptors (alpha & beta) and their distribution :-

- Adrenergic receptors are those receptors in which adrenergic drugs/neurotransmitter will bind directly to induce various actions/responses.
- Adrenergic receptors are **membrane bound G-Protein Coupled receptors**.



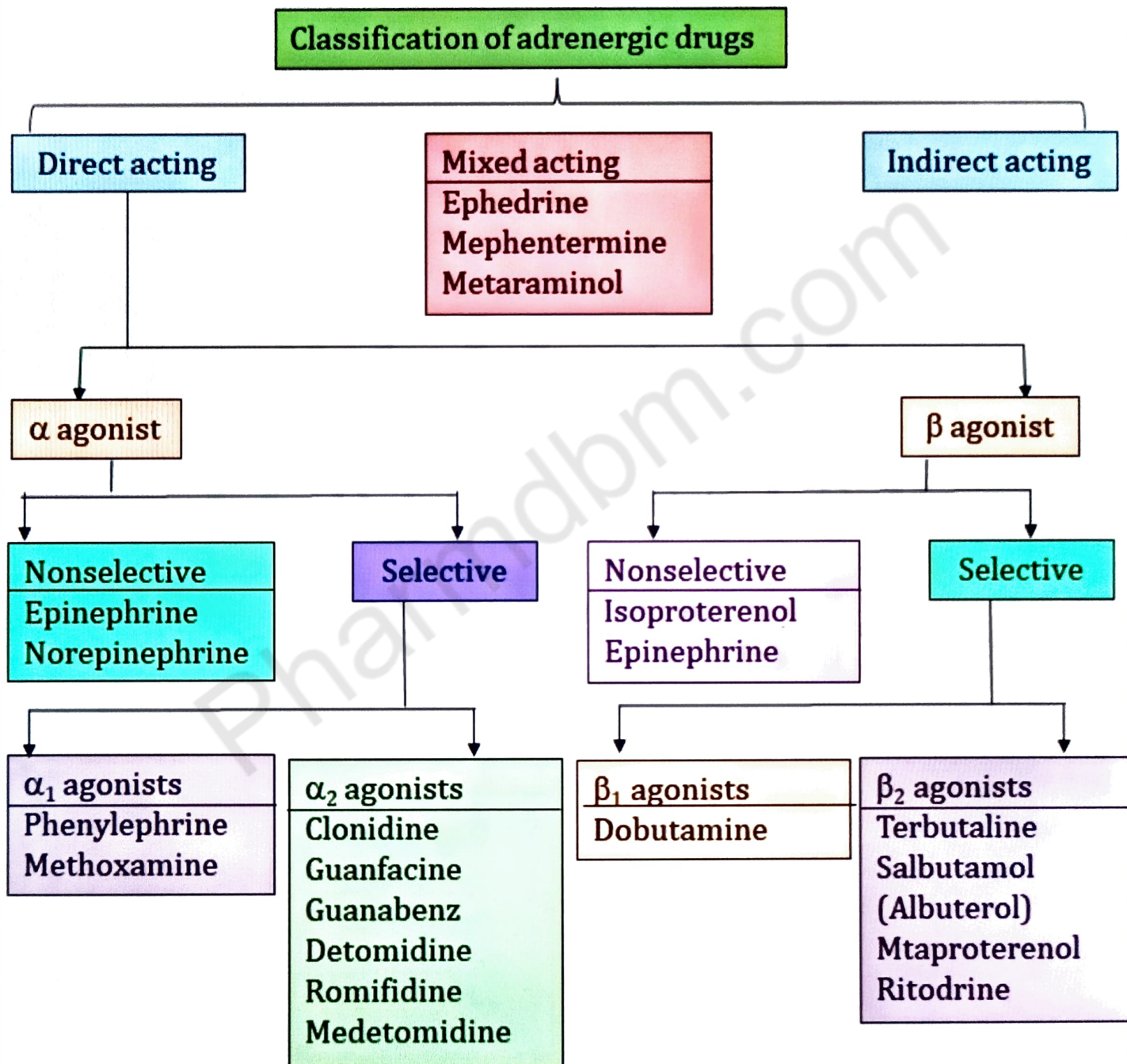
❖ Distribution Adrenergic receptors with their action:-

| Receptor | Location |
|------------|--|
| α_1 | Arterioles (coronary, visceral, cutaneous), veins, internal sphincters, Iris dilator muscle. |
| α_2 | Presynaptic membrane, pancreas, veins, adipose tissue, GIT sphincters, salivary glands. |
| β_1 | Heart (SA node, atrial muscle, AV node, ventricles), kidney (JG apparatus), Adipose tissue. |
| β_2 | Arterioles(muscular), veins, bronchi (muscles), liver, pancreas, uterus, Iris constrictor muscle |
| β_3 | Adipose tissue, urinary bladder. |

- These receptors belong to a large family of cell membrane receptors which are linked to the carrier protein through one or more GTP-activated proteins for producing a response.

❑ SYMPATHOMIMETIC AGENTS

- Sympathomimetic drugs (also known as adrenergic drugs and adrenergic amines) are stimulant compounds which **mimic the action of sympathetic nervous system**.
- Sympathomimetic drugs are used to **treat cardiac arrest and low blood pressure, or even delay premature labor, among other things**.

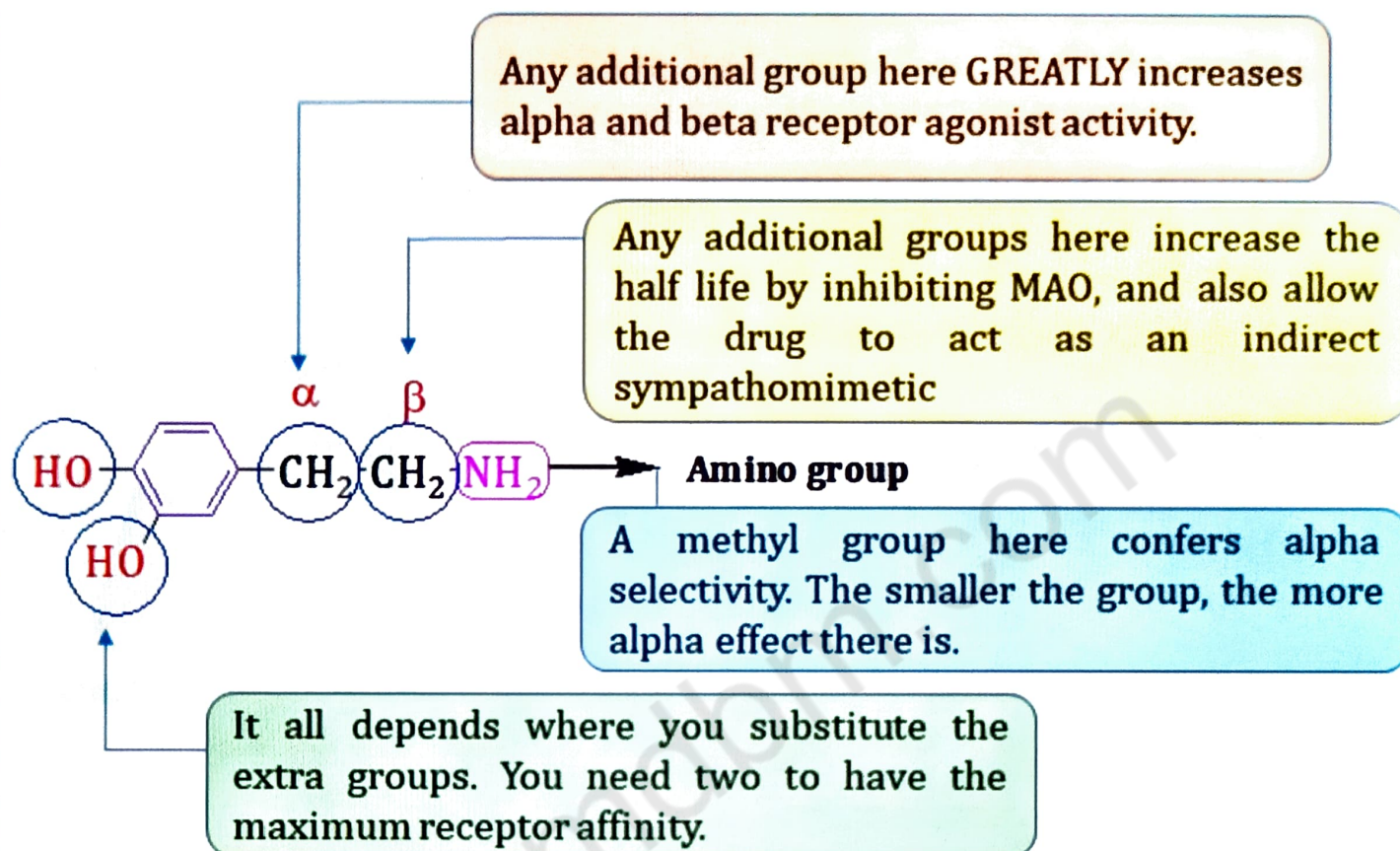


❖ Mechanism of action:-

- Sympathomimetic drugs are agents which in **general mimic responses due to stimulation of sympathetic nerves**.

- These agents are able to **directly activate adrenergic receptors** or to **indirectly activate them by increasing nor epinephrine and epinephrine** (mediators of the sympathoadrenal system) levels.

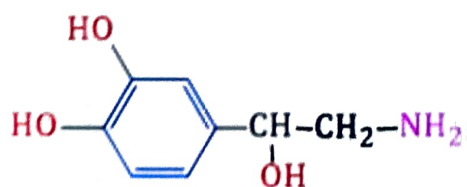
❖ SAR of sympathomimetic agents



❖ Drugs acting on sympathomimetic agents:-

- **Direct acting** :- These are those drugs/agents which directly bind with adrenergic receptors (Both α & β) and gives its pharmacological action. The action produced are of rapid onset and of short duration.

1) Norepinephrine



4-(2-amino-1-hydroxyethyl) benzene-1,2-diol

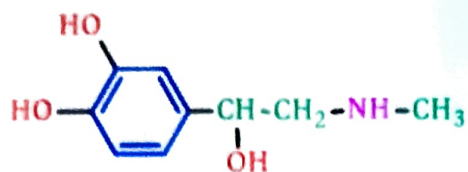
✓ Mechanism of action

- Potent at α -receptor [less potent than adrenaline.
- Also effect on β_1 -receptor but no effect on β_2 receptor.

✓ Uses →

- Strong vasoconstriction properties.
- localize the effects of local anesthetics.

2) Epinephrine



4-(1-hydroxy-2-(methylamino)ethyl)benzene-1,2-diol

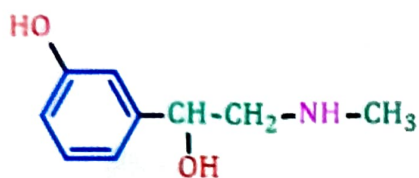
✓ Mechanism of action

- Directly bind with α , β_1 and β_2 receptor.
- For oral route it is given in the form of prodrug (Pivalic acid) to prevent from first pass metabolism.

✓ Uses →

- Used in treatment of asthma
- Relaxes bronchial muscles.

3) Phenylephrine



3-(1-hydroxy-2-(methylamino)ethyl)phenol

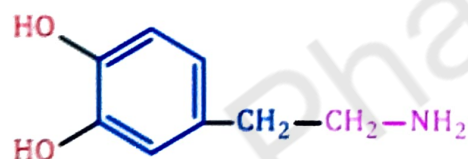
✓ Mechanism of action

- Bind at α -receptor, no action on β -receptors

✓ Uses

- Increase blood pressure in acute hypotension.
- Used as mydriatic agent during eye surgery.

4) Dopamine



4-(2-aminoethyl)benzene-1,2-diol

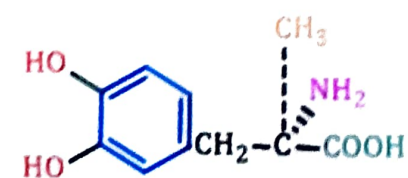
✓ Mechanism of action

- Directly bind with β -receptor.
- Indirectly on α -receptor

✓ Uses

- Used in congestive heart failures where it increase BP and urine.
- Used in patient of shock.

5) Methyldopa



2-amino-3-(3,4-dihydroxyphenyl)-2-methylpropanoic acid

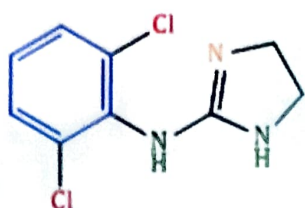
✓ Mechanism of action

- Methyldopa converted into α -methyl norepinephrine by enzyme dopamine beta hydroxylase and bind with α_2 -receptor

✓ Uses

- Used as antihypertensive.
- Prevent heart attack and kidney problem.

6) Clonidine



N-(2,6-dichlorophenyl)-4,5-dihydro-1H-imidazol-2-amine

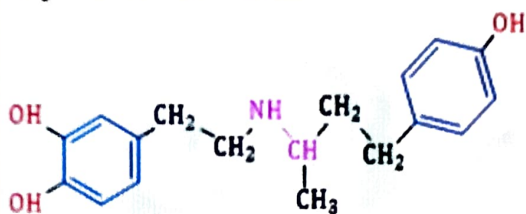
✓ Mechanism of action

- It is centrally on α_2 receptor.

✓ Uses

- Used as **hypertension**
- Also used as **mild sedative**

7) Dobutamine



4-(2-((4-(4-hydroxyphenyl)butan-2-yl)amino)ethyl)benzene-1,2-diol

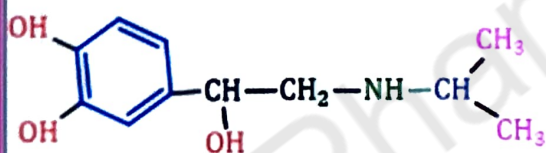
✓ Mechanism of action

- It is directly stimulate β_1 & α_1 , receptor. (dual acting drugs).

✓ Uses

- It is used to **treat heart failure** problem occurring **during Cardiac surgery**.
- Treatment of **congestive heart failure**.

8) Isoproterenol



4-(1-hydroxy-2-(isopropylamino)ethyl)benzene-1,2-diol

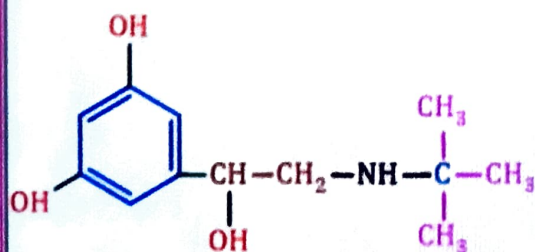
✓ Mechanism of action

- Act on both β_1 & β_2 receptors.
- β_1 (increase cardiac output)
- β_2 (increase Broncho dilation)

✓ Uses

- Used for **treatment of bronchial asthma**.
- Used in **treatment of bradycardia**.

9) Terbutaline



5-(2-(tert-butylamino)-1-hydroxyethyl)benzene-1,3-diol

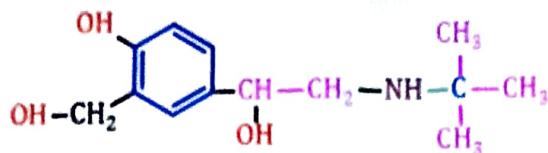
✓ Mechanism of action

- Bind with β_2 - receptor better than **Isoprenaline**.

✓ Uses

- Given orally for the **treatment of asthma**.
- Also use as **an aerosol/inhalation**.

10) Salbutamol



4-(2-(tert-butylamino)-1-hydroxyethyl)-2-(hydroxymethyl)phenol

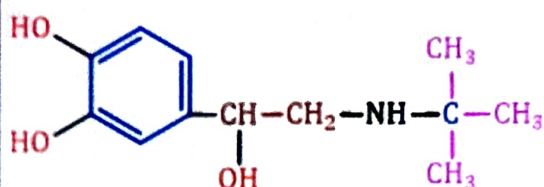
✓ Mechanism of action

- Directly bind with β_2 -receptor.

✓ Uses

- Used to **relax uterine Smooth muscles** and **to delay premature labour**.
- Orally for relief of bronchospasm. (narrowing of bronchi).

11) Bitolterol



4-(2-(tert-butylamino)-1-hydroxyethyl)benzene-1,2-diol

✓ Mechanism of action

- Bind with β_2 -receptor.

✓ Uses

- Prodrug of colterol
- Bronchodilator (used to treat asthma).

12) Naphazoline



2-(naphthalen-1-ylmethyl)-4,5-dihydro-1H-imidazole

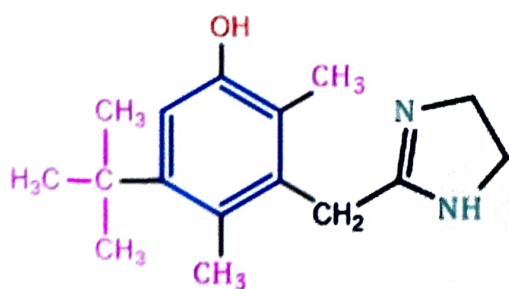
✓ Mechanism of action

- Powerful α -receptor stimulant (α_1 & α_2)

✓ Uses

- Used as a **vasoconstrictor**.
- **Reduced swelling**.
- Relief of **rhinitis and sinusitis**.

13) Oxymetazoline



5-(tert-butyl)-3-((4,5-dihydro-1H-imidazol-2-yl)methyl)-2,4-dimethylphenol

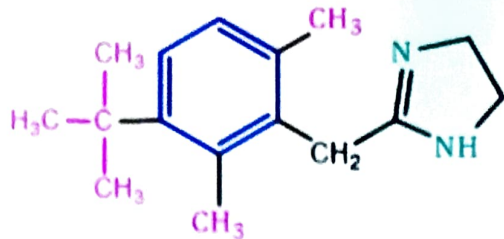
✓ Mechanism of action

- Partially agonist at α_2 and selective agonist at α_1 receptor.

✓ Uses

- Due to their vasoconstriction properties, it is used to **treat nose bleeding** and **redness of eye due to irritation**.

14) Xylometazoline



2-(3-(tert-butyl)-2,6-dimethylbenzyl)-4,5-dihydro-1H-imidazole

✓ Mechanism of action

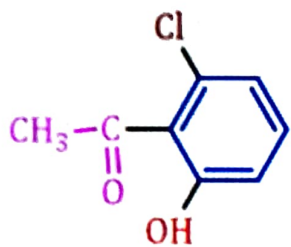
- Bind with both α_1 & α_2 receptor.

✓ Uses

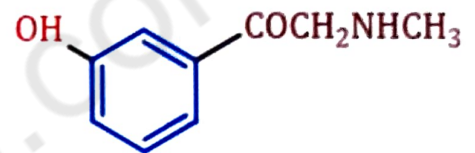
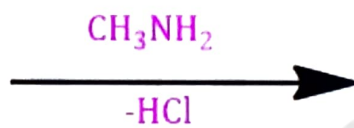
- Produces **constriction of large veins in nose.**
- Treat symptoms of **nasal congestion, allergies** e.g.- **NASAL DROPS.**

❖ Synthesis of Phenylephrine:-

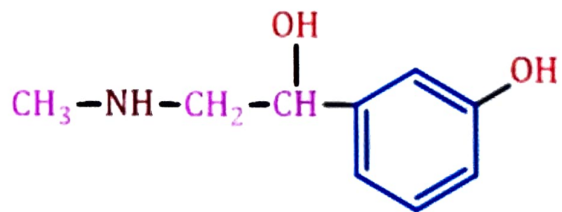
➤ From: 3-Chloro acetyl phenol



3-chloro acetyl phenol



(i) H₂/Catalytic reduction
(ii) Resolved with
d-camphor sulphonate



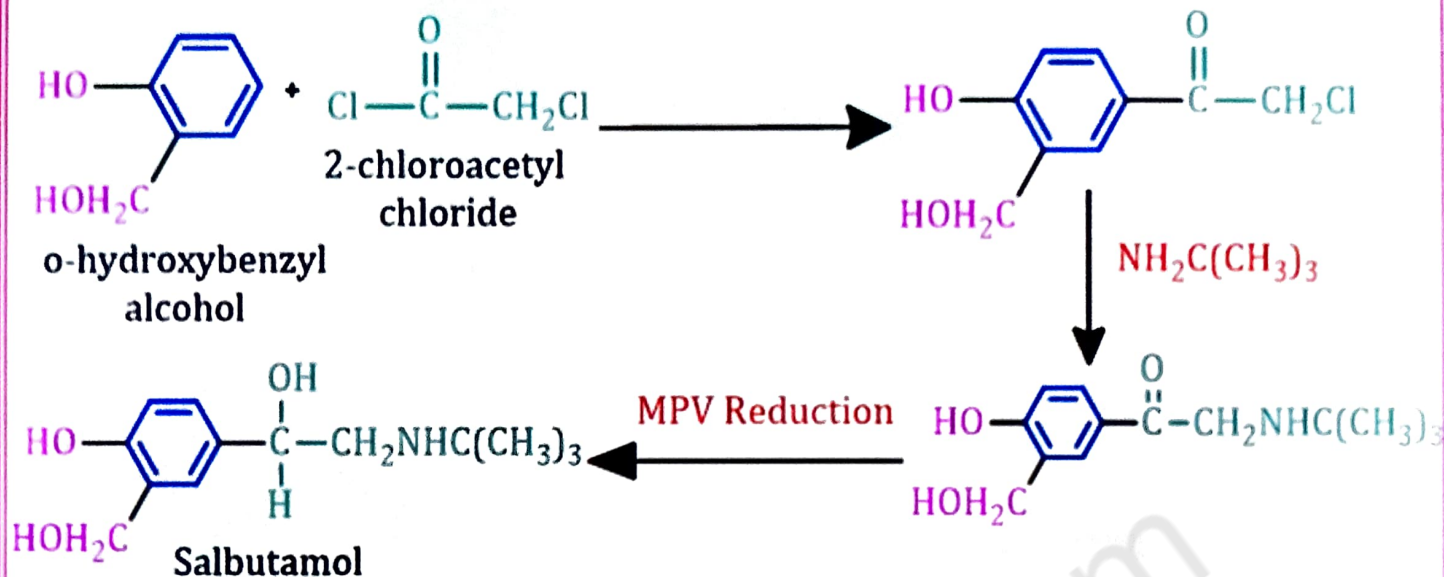
Phenylephrine

✓ Properties

- It is a **white or almost white crystalline powder, freely soluble in ethanol and water.**
- It **resistant to COMT** and has **predominantly α_1 agonist effect.**

❖ Synthesis of salbutamol:-

➤ From:- o-Hydroxy benzyl alcohol



✓ Properties

- It is a **white or almost white crystalline powder**, sparingly soluble in water, but freely soluble in ethanol.
- It has strong β_2 adrenergic activity.

➤ **Indirect acting** :- Those drugs which act indirectly to increase the concentration of neurotransmitter by causing its release.

1) Hydroxyamphetamine



(R)-N-(1-phenylpropan-2-yl)hydroxylamine

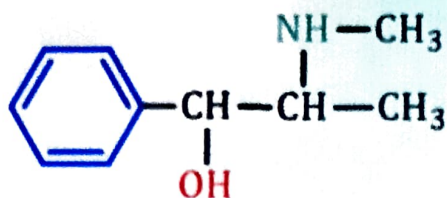
✓ Mechanism of action

- Cause **release of nor-adrenaline**.
- from nerve synapse and causes **dilation of pupil**.

✓ Uses

- Used as an eye drop to **dilate the pupil**.
- Used as a **Horner syndrome diagnostic agents for testing** (damage of nerve of eye).

2) Pseudoephedrine



2-(methylamino)-1-phenylpropan-1-ol

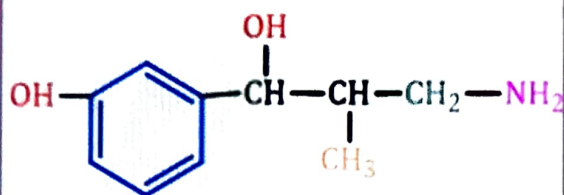
✓ Mechanism of action

- It stimulates both α_1 & α_2 receptor.
- It stimulates central nervous system.

✓ Uses

- It increases the blood pressure (hypertension) by increasing cardiac output and causing vasoconstriction.

3) Propylhexedrine



3-(3-amino-1-hydroxy-2-methylpropyl)phenol

✓ Mechanism of action

- Activates α -receptor in the mucosa of respiratory tract.

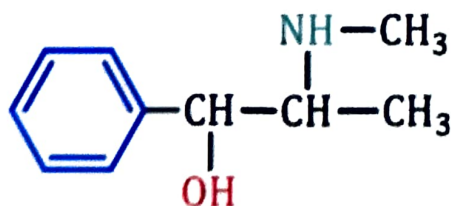
✓ Uses

- Used to relieve congestion due to cold, allergies, rhinitis (inflammation of mucous membrane of nose) due to any virus infection (common cold) or any allergic reaction.

➤ **Mixed acting:-** These are those drugs which act on adrenergic receptors and also effect the release of noradrenaline.

- Act both as **direct acting and indirect acting**.

1) Ephedrine



2-(methylamino)-1-phenylpropan-1-ol

✓ Mechanism of action

- It stimulates both α_1 & α_2 receptor.
- It stimulates central nervous system.

✓ Uses

- Used as nasal decongestant in the form of nasal drops & nasal spray.
- Used in various allergic disease like hay fever and urticaria.

2) Metaraminol



3-(2-amino-1-hydroxypropyl)phenol

✓ Mechanism of action

- Act on both α_1 & α_2 receptor.
- Stimulates noradrenaline.

✓ Uses

- Used in the **treatment of hypotension.**

❑ ADRENERGIC ANTAGONIST

- **Adrenergic blockers** are also called as **antiadrenergic drugs** or **sympatholytic.**

- Drug that inhibits the function of adrenergic receptors.

1. Adrenergic receptors:- which are divided into **two groups.**

- The **first group of receptors** are the **beta (β) adrenergic receptors.** There are **β_1 , β_2 , and β_3 receptors.**

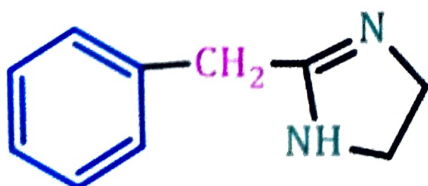
- The **second group** contains the **alpha (α) adrenoceptors.** There are only **α_1 and α_2 receptors**

❖ Mechanism of action of α -Adrenergic receptor blockers:-

- Adrenergic antagonists have **inhibitory or opposing effects on the receptors** in the adrenergic system.
- Administration of an adrenergic antagonist that specifically targets the β -receptors, results decrease in blood pressure by reducing cardiac output.

❖ Drugs acting on Adrenergic blockers :-

1) Tolazoline



2-benzyl-4,5-dihydro-1H-imidazole

✓ Mechanism of Action (Reversible)

- It is **Structurally similar as α -agonists**, so they **blocks the α -receptor** and, **stop α -agonists to produce effects.**

✓ Uses

- Used as **Vasodilator.**
- It Causes **stimulation of gastric acid secretion.**

2) Phentolamine



3-(((4,5-dihydro-1H-imidazol-2-yl)methyl)(p-tolyl)amino)phenol

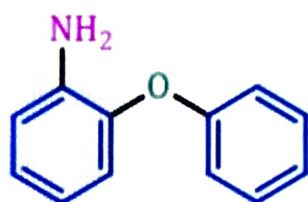
✓ Mechanism of action

- It **blocks** both α_1 & α_2 receptor.

✓ Uses

- Used as a vasodilators, **inhibit catecholamines effects** (vasoconstriction).
- Used to **control hypertensive conditions**.

3) Phenoxybenzamine



2-phenoxyaniline

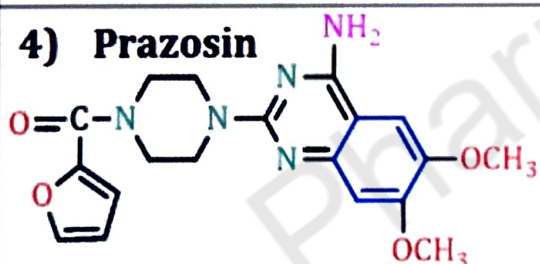
✓ Mechanism of action

- It **blocks** both α_1 & α_2 receptor.
- **Irreversible α -blocker**.

✓ Uses

- Used in the **treatment in urinary retention**.
- Used in the **treatment of hypertension caused by Pheochromocytoma**.

4) Prazosin



(4-(4-amino-6,7-dimethoxyquinazolin-2-yl)piperazin-1-yl)(furan-2-yl)methanone

✓ Mechanism of action

- It has **affinity for α_1 -receptor**, so it **blocks α_1 -receptor**.

✓ Uses

- It is used to **treat heart failure and Raynaud syndrome**

5) Methysergide



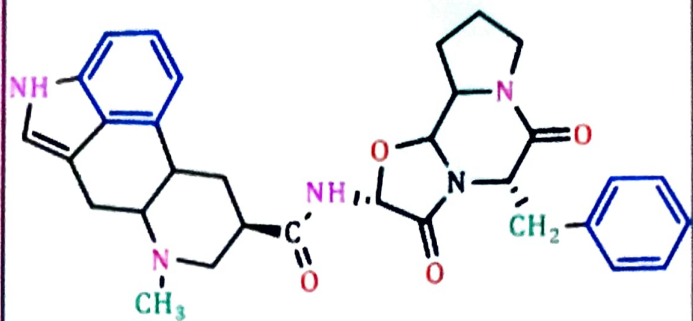
✓ Mechanism of action

- It is an antagonist of **α -adrenergic receptor**.
- **Potent serotonin antagonist**

✓ Uses

- Used as **prophylactic** in the **treatment of severe migraine**.

6) Dihydroergotamine



✓ Mechanism of action

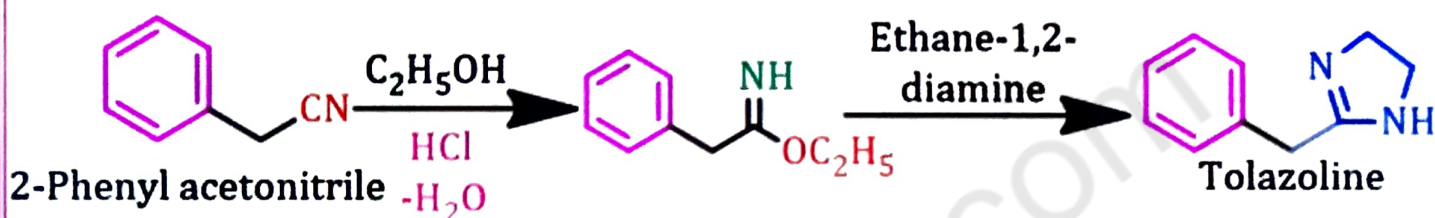
- It is an **antagonist** of **α-adrenergic receptor**.

✓ Uses

- Used as **vasoconstriction**.
- Used in the **treatment of migraine**.

❖ Synthesis of Tolazoline :-

➤ From: Phenyl acetonitrile



❖ Adverse effects of Adrenergic Antagonists

- Cold feet and hands.
- Fatigue.
- Nausea, weakness, and dizziness.
- Dry mouth, skin, and eyes.
- Slow heartbeat.

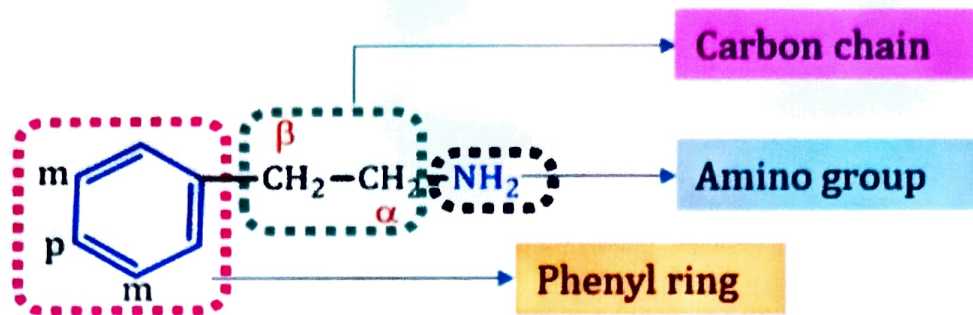
2. β-Adrenergic blockers:

- A class of drug, **that blocks β-adrenergic substances** such as adrenaline (epinephrine).
- **It antagonizes** the effects produced by the drug acting on **β-receptor**.

❖ Mechanism of action of β-Adrenergic blockers:

- It **reduces your blood pressure**.
- Beta blockers work by **blocking the effects of the hormone epinephrine**, also known as **adrenaline**.
- Beta blockers **cause your heart to beat more slowly and with less force, which lowers blood pressure**

❖ SAR of β -blockers



➤ Phenyl ring

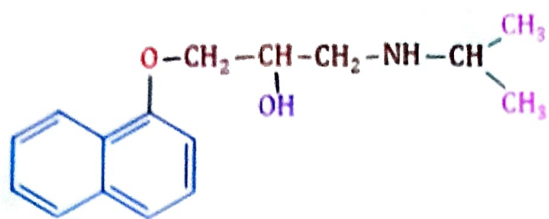
- Aromatic ring and its substituent is the primary determinant of β_1 antagonistic activity.
- Alkenyl and Alkanyloxy group when present in o-position on phenyl ring, give good B-antagonist activity.
- If phenyl ring is replaced by naphthyl or substituted than they are non-selective (e.g. propranolol).
- Addition of -OH group in phenyl ring lead to removal of antagonist activity.
- N, N-disubstitution decreases the β blocking activity, and the activity is maintained by the addition of phenyl ethyl or hydroxy phenyl ethyl to amine as a part of the molecule.
- Substitution of the carbon chain
- The -OCH₂ group is placed between the aromatic ring ethyl amine side chain increase activity or essential for the activity.
- Two carbon chain are essential for the activity.

➤ Substitution on amino group

- If isopropyl and t-butyl are present an amino group, then it provides nucleophilicity to the amino group.

❖ Drugs acting on Beta Adrenergic blockers :-

1) Propranolol



1-(isopropylamino)-3-(naphthalen-1-yloxy)propan-2-ol

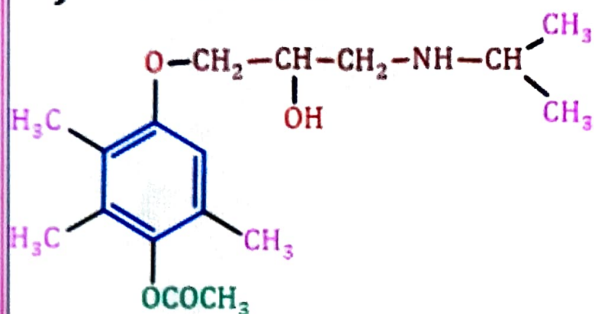
✓ Mechanism of action

- It act **due to decrease renin release** and **reduced cardiac output**.
- It is **non selective β -adrenergic blocker**.

✓ Uses

- Used in the **treatment of hypertension**.
- Used in the **treatment of cardiac arrhythmia**.

2) Metibranolol



4-(2-hydroxy-3-(isopropylamino)propoxy)-2,3,6-trimethylphenyl acetate

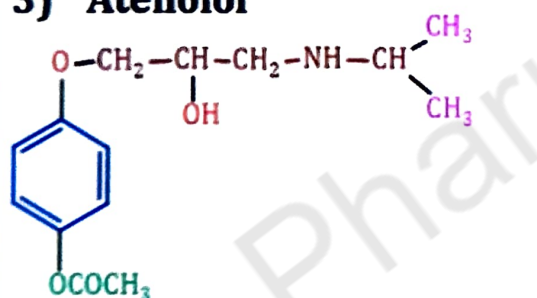
✓ Mechanism of action

- It is **non selective β -adrenergic blocker**.

✓ Uses

- Used in **eye drop and the treatment of glaucoma**.

3) Atenolol



4-(2-hydroxy-3-(isopropylamino)propoxy)phenyl acetate

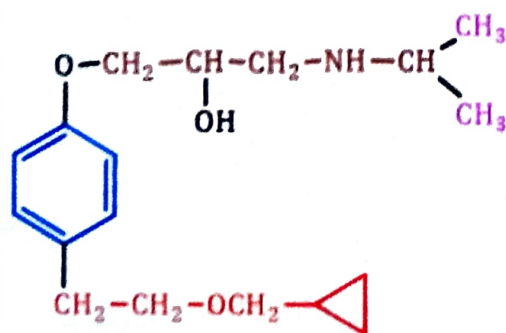
✓ Mechanism of action

- It is **non β_1 -selective antagonist**.

✓ Uses

- Used in the **treatment of hypertension**.
- Used in the **emergency treatment of cardiac arrhythmia**.

4) Betazolol



1-(4-(2-(cyclopropylmethoxy)ethyl)phenoxy)-3-(isopropylamino)propan-2-ol

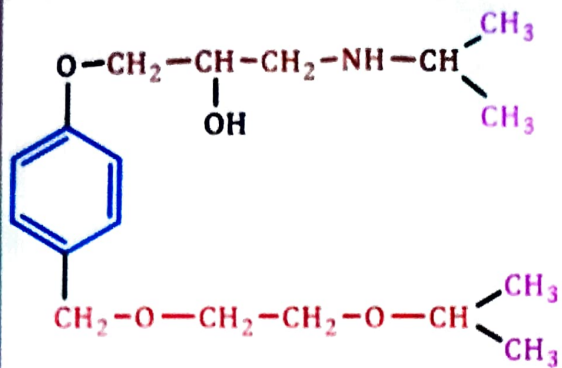
✓ Mechanism of action

- It is **non β_1 -selective blocker**.

✓ Uses

- Used in the **treatment of hypertension**.
- Used in **eye drop and the treatment of glaucoma**.

5) Bisoprolol



1-(4-((2-isopropoxyethoxy)methyl)phenoxy)-3-(isopropylamino)propan-2-ol

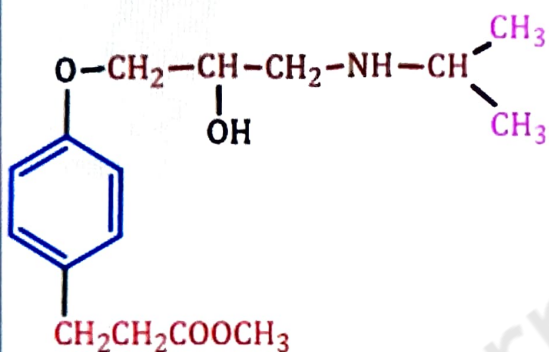
✓ Mechanism of action

- It is **non β_1 -selective blocker**.

✓ Uses

- Used as **hypertension**.
- Used in the **treatment of heart disease** e.g. cardiac arrhythmia, myocardial infraction.

6) Esmolol



methyl 3-(4-(2-hydroxy-3-(isopropylamino)propoxy)phenyl)propanoate

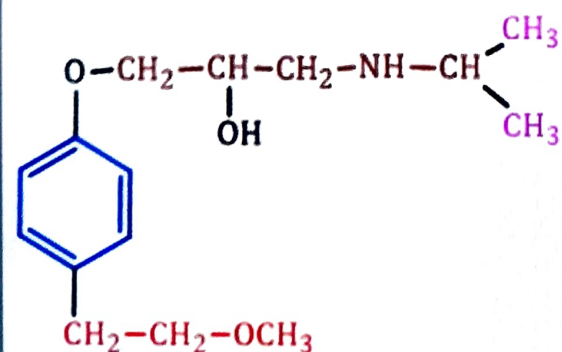
✓ Mechanism of action

- It is **non β_1 -selective blocker**.

✓ Uses

- Used as **short acting hypertension**.
- Used in the **early treatment of myocardial infraction**.

7) Metoprolol



1-(isopropylamino)-3-(4-(2-methoxyethyl)phenoxy)propan-2-ol

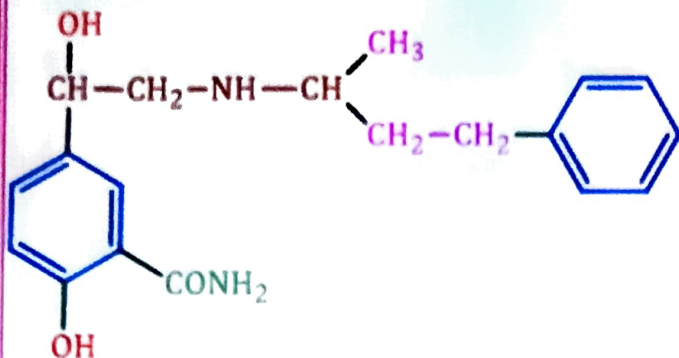
✓ Mechanism of action

- It is **non β_1 -selective blocker**.

✓ Uses

- Used in the **treatment of hypertension**.
- Helpful in the **treatment of heart failure**.

8) Labetalol



2-hydroxy-5-(1-hydroxy-2-((4-phenylbutan-2-yl)amino)ethyl)benzamide

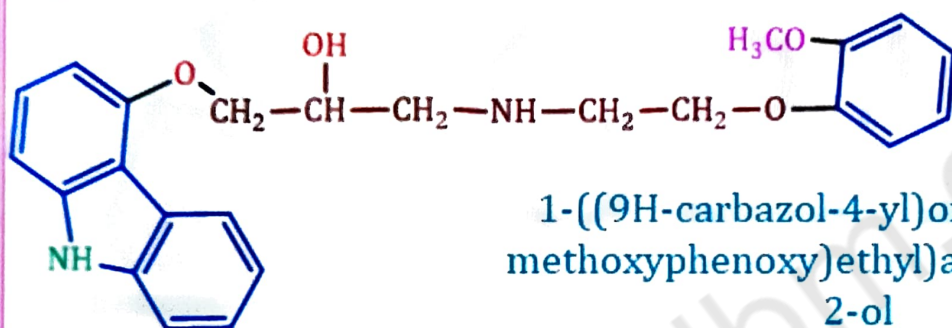
✓ Mechanism of action

- It is **non β_1 -selective blocker**.
- Act as **competitive blocker on both α_1 and β -receptor**.

✓ Uses

- Used as **antihypertensive agent**.
- Given **intravenously in sever hypertension**.

9) Carvedilol



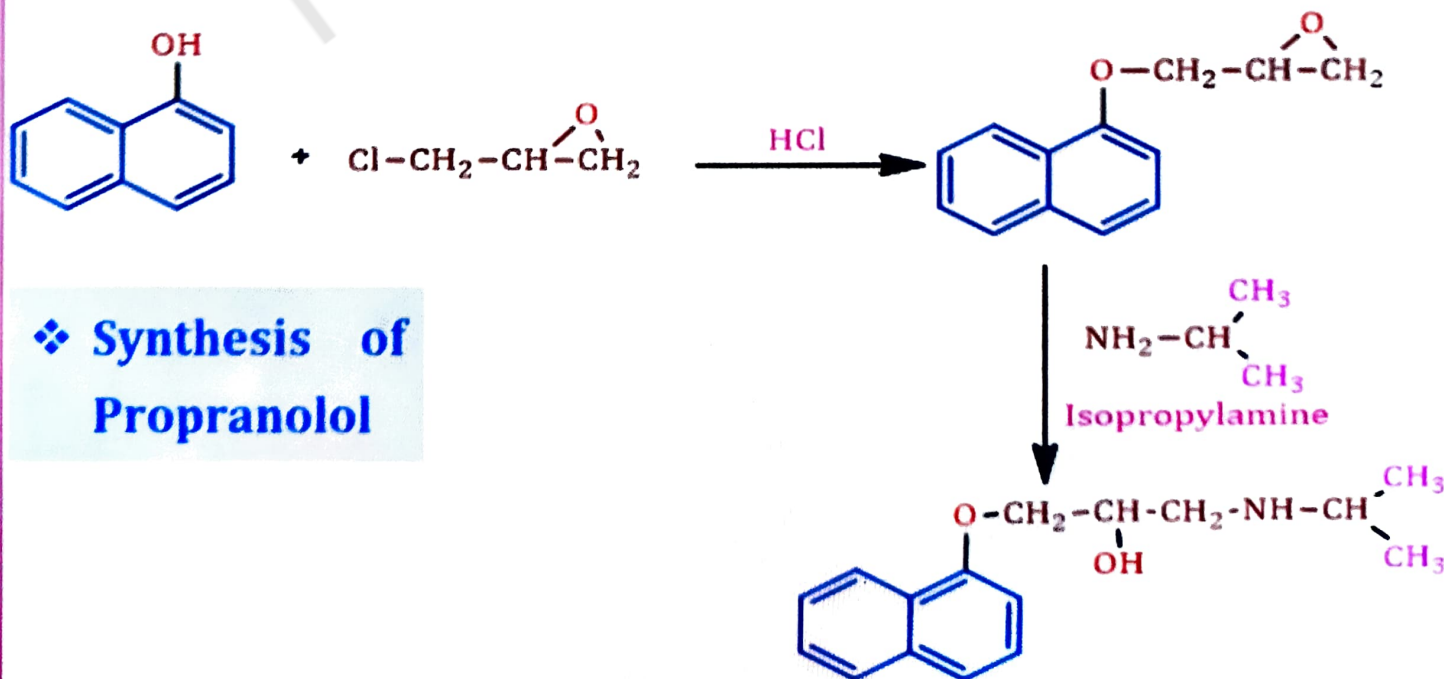
1-((9H-carbazol-4-yl)oxy)-3-((2-(2-methoxyphenoxy)ethyl)amino)propan-2-ol

✓ Mechanism of action

- **Non selective β - blocker**. Act on **both α_1 and β -receptor**.
- Due to **α_1 - blocker** it relax blood vessels, and reduce BP.

✓ Uses

- Used as **antihypertensive agent**.
- Given **intravenously in sever hypertension**.



❖ Synthesis of Propranolol

❖ **Adverse effects of Beta- adrenergic blockers**

- Cold feet and hands.
- Fatigue.
- Nausea, weakness, and dizziness.
- Dry mouth, skin, and eyes.
- Slow heartbeat.
- Swelling of the hands and feet.
- Weight gain